## Foundations in Manual Therapy:

## Voice and Swallowing Disorders



**Advanced class** 

May 17 - 18 2025







Walt Fritz, PT's **Foundations in Manual Therapy Seminar: Advanced Voice and Swallowing Disorders** targets the patient populations of the SLP and voice professional, orofacial/myofunctional clinicians, as well as massage therapists, physical therapists, and occupational therapists with interest in treatment to issues of breathing, the neck, TMJ, tongue, and related areas/topics. The seminar is 16 total contact hours, covering an examination of the evidence and science behind manual therapy, with a comprehensive yet straightforward narrative built and used throughout the class. Unlike many manual therapy approaches, this seminar uses sound neuroscience and behavioral science principles to explain the impacts. Principles of manual therapy are introduced and reinforced through guided and assisted instruction, all in the context of a patient-directed model of care. During this class, you'll have the opportunity to be treated directly by Walt Fritz and, in return, treat Walt. This iterative practice allows you to understand better how the work is interpreted. You'll also deepen your understanding of how the patient-centered, shared decision-making model of interaction works in practice.

This class has a prerequisite of the introductory Foundations in Manual Therapy: Voice and Swallowing Disorders Seminar (In-person or online).

## Course Description

This advanced manual therapy course is intended to refine and deepen the Learner's ability to evolve the information presented in the introductory Foundations in Manual Therapy: Voice and Swallowing Disorders seminar. Sequences taught previously will be expanded with new material, emphasizing patient-clinician dialoguing to maximize shared decision-making. New treatment sequences will be introduced to broaden the scope of relevance.

## Instructional Methods

There is a quiz after the 14.0-hour live course, which the Learner must pass with a grade of 80% or higher. Learners will be observed and assessed during the hands-on lab portion of the class and monitored for participation and understanding during the lecture/demonstration portion to determine whether the stated objectives have been successfully met. Learners must demonstrate proficiency in the labs' hands-on and verbal interactive parts by performing each sequence on the instructor or teaching assistant.

After completing this seminar, the therapist will understand and apply the principles presented in evaluating and treating many voice, swallowing, and related disorders. ASHA CEUs and NCBTMB/Massage Therapist CEs are approved.

